

# PEI Home Economics Association



## *In this Issue:*

- *President's Message*
- *Upcoming Learning Opportunities*
- *2010 Doris Anderson Award Recipient*

## President's Message – November 2010

As we enter the winter season, the guys at my house are eying the cabbage, carrots and leeks which are still in the garden, where they have visions of creating the front yard rink. The rink frame is up, and the soil is being smoothed in preparation for the silage cover lining before being filled with water, and then the non-stop temperature watch will begin. Preparations in many homes on the Island will focus on getting ready for the holiday season, with cleaning, decorating, shopping, baking and creating happy memories topping the "to do" lists.

The holidays give us all an opportunity for family time -and families, as we know, are a major focus of home economics. The Association will once again be distributing 2500 "It's Turkey Time" brochures in the Christmas hampers distributed throughout PEI. It is hoped that these plain language brochures will help the family cook feel at ease cooking the focal point of the holiday dinner, and will contribute to lowering stress and increasing food safety as well.

Thanks to those of you who have gathered auction items for the annual

HoHoHome Economics auction, and to those who'll be buying them, as well!

The executive recently reviewed applications for the Doris M. Anderson award, and we were pleased to see the passion expressed for home economics and nutrition in their application letters. The HoHo Auction helps to support this award for an Island high school graduate in the final year of a home economics related program at a maritime university.

Our Association membership is also a family - with many of the members working and socializing together for decades. We'd like to send our thoughts and best wishes out to Estelle Reddin, whose health has worsened recently, and to her family, especially Nancy who is also an active member of the PEIHEA. Estelle, a founder of the PEIHEA, was one of the driving forces behind the publication of the "Who We Are Our Heritage and Horizons" history book and has made a valuable contribution to the Island throughout the years.

Best wishes for a joy-filled and safe holiday season, with lots of time for family, friends and yourselves!

~Shari MacDonald

***"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world."***

~J.R.R. Tolkien





## SYMPOSIUM XI – Issues & Directions in Home Economic and Family Studies Education – March 2011

**When:** March 11-13, 2011

**Where:** Winnipeg, MB

**What is it?** Canadian and International Home Economics/Family Studies/Human Ecology educators gather to learn about the status of Home Economics education/family studies and recent curriculum initiatives, to hear research reports from fields, and share projects and resources for classroom teaching.

**Come and be a participant:** A chance to network with others from across the country, to learn of new approaches to home economics education, to explore current issues in home economics/family studies/human ecology education (e.g. integrating new technologies, addressing sustainability, post secondary studies).

### Consider being a presenter:

Seeking proposals that report on:

- Status of, or innovations in, home economics/ family studies/ human ecology undergrad/graduate programs, teacher education programs, and provincial school curriculum
- Current research related to teaching and learning in home economics/ family studies/ human ecology
- Position papers on issues in home economics/ family studies/ human ecology education, or
- Current initiatives in, and new resources for, home economics/family studies/ human ecology education in various settings

**Send your proposal** via e-mail in Word, RTF or pdf format **by**

**December 01, 2010** to: Mary Gale Smith [marygs@interchange.ubc.ca](mailto:marygs@interchange.ubc.ca)

## Corrections and Apologies

Producing a newsletter can sometimes present some typographical challenges. Thanks to Sue McGregor for pointing out a few items from previous newsletters which we'd like to correct in this issue:

In the last issue, we made mistakenly made reference to the Canadian Home Economics Federation, which should have read: **Canadian Home Economics Foundation**. For more information on this organization, check out their website here: <http://www.chef-fcef.ca/>

Similarly, it is the **International Federation FOR Home Economics** (not 'of' home economics) <http://www.ifhe.org/>

Also, please consider joining Sue's list serve (which was misspelled in the previous issue). Please email her at [sue.mcgregor@msvu.ca](mailto:sue.mcgregor@msvu.ca) and she'll gladly add you to her lists.



**How to Reach Us:**

PEI Home Economics Association  
P.O. Box 20029  
Sherwood Postal Outlet, Prince Edward Island  
C1A 9E3  
**Phone: (902) 566-2738**  
**E-Mail: [peihea@hotmail.com](mailto:peihea@hotmail.com)**  
**Web Site: [www.peihea.org](http://www.peihea.org)**

## Doris M Anderson Award Winner



Krista J. McLellan, of Mount St Vincent University, was chosen as the 2010 Doris M Anderson Award winner. The Awards Committee felt that she was the most deserving candidate based on a demonstrated combination of marks, community involvement, understanding of and commitment to the profession of home economics that stood out to the committee members.

### New on the Web...

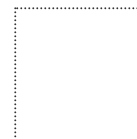
What did the Vikings eat when they set off to explore the new world? How did Thomas Jefferson make his ice cream? What did pioneers cook along the Oregon Trail? Who invented the potato chip...and why? What did President Obama eat at his inaugural luncheon?

Food Timeline & Food history presents a buffet of lore and contradictory facts. Most foods we eat are not invented; they evolve. The *Food Timeline* is a great educational website. Check it out at:  
<http://www.foodtimeline.org/index.html>

*One kind word can warm  
three winter months.*  
~Japanese Proverb



PEI Home Economics Association  
P.O. Box 20029  
Sherwood Postal Outlet, PEI  
C1A 9E3



---

---

---

---