



# PEI Home Economics Association Newsletter

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## President's Message

*Hello members of PEIHEA. Here is a brief, late-winter round up of what your association has been up to.*

First, I'd like to propose a (virtual) toast to Shari MacDonald, who has cheerfully spent countless hours during 6 ½ of past 8 ½ years as the energetic and imaginative president of PEIHEA. Here's to your good health and good humour, Shari. Thank you, on behalf of all PEIHEA members.

Shari and the North Milton Women's Institute hosted the Semi-Annual General Meeting at Milton Community Hall on October 22. We enjoyed a delicious meal prepared by the WI, and some good visits with old friends along with the business portion of the meeting. At the SAGM, I volunteered to be acting president until our Annual General Meeting in spring of this year. More on that topic later.

In November, Lisa MacDonald, a fourth year student in the Department of Family and Nutritional Sciences, was awarded the Doris Anderson Award. Also in November, PEIHEA hosted the Ho Ho Home Economics Auction at Central Queens United Church in Hunter River. Thanks to all members who solicited donations, brought food for lunch and treasures to sell, brought friends and relatives, helped during the evening, and bid on items that others donated. The auction raised about \$1100 for the association, and as Shari pointed out, it didn't take nearly as much work as Children's Expo.

The Turkey Time brochures were revised to reflect the most recent food safety recommendations, and reprinted. We have plenty of copies; if you need some, just ask!

We are polishing the silver tea services that the Department of Family and Nutritional Sciences gave to PEIHEA last fall, for a World Home Economics Day celebration on Thursday, March 20. Irene Davison has graciously agreed to host a tea tasting party at her home in Kensington. Katherine Burnett Murray will be sharing her extensive knowledge of teas, and offering an assortment for all to taste. Since recent evening programs were poorly attended, we have decided to get together at 1:30 pm for this event.

The Provincial Science Fair is April 3, and the Provincial Historical Heritage Fair is May 1. PEIHEA sponsors prizes for both of these, and we need judges for both. For more information, give me a call or an email at [peihea@hotmail.com](mailto:peihea@hotmail.com).

Our Annual Meeting is coming up on May 22<sup>nd</sup>, location to be announced soon. We are hoping to hold it in the Victoria area, making it fairly central for folks coming from the east or the west.

Now, back to the topic of PEIHEA president. The position will be vacant in May, and we need a president, or a pair of co-chairs. If the Association is to survive, we need leadership. Who is willing to take this on, even for a year? Perhaps you have retired and have more time on your hands (I know. . . most retirees wonder how they had time to work!). Maybe you are a young home economist looking for a new challenge. Or it might be that you are ready to take your turn again after taking a break from the executive. Please think seriously about this. Past-president in charge of nominations, Shari, will gladly take your call, answer any questions you have, or take you up on an offer to accept the nomination.

Meanwhile, enjoy the newsletter. I hope to see you on World Home Economics Day. Cheers,

Margaret

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# PEIHEA Semi Annual General Meeting Minutes

Monday, October 22, 2007

Milton Community Hall

**Present:** Shari MacDonald, Jacquie (and Julia) Robichaud, Margaret Prouse, Linda Patton, Elaine Burrows, Bette Young, Nancy George, Nancy Reddin, Shirley Moase, Irene Burge, Heather Henry MacDonald, Gayle Forrester  
**Regrets** - Jean McHarg, Olive Moase, Katherine Schaefer, Katie Denman

1. **Call to Order** - President Shari MacDonald called the meeting to order.

2. **Agenda** - It was agreed that the circulated agenda be altered to have the HOHOHO Auction addressed at the beginning of the meeting, as Margaret Prouse had to leave the meeting early.

The auction will be held at the new Central Queens United Church in Hunter River, with viewing at 7:00 and the auction beginning at 7:30. Emily Schurman will hopefully be available to be the auctioneer. Shari prepared posters, and letters requesting donations which members were asked to distribute. The text could also be sent to members by email if requested. Items donated to date include 4 tickets to the "New Old Fashioned Christmas" at the Confederation Center on Nov 24, and a subscription to the Northern Star.

3. **Minutes of Annual Meeting** - It was moved by Gayle Forrester and seconded by Linda Patton that the minutes of the May 23, 2007 Annual Meeting be approved as circulated. Motion carried.

4. **Correspondence** - Information was received from the PEI Council of the Disabled on a proposal writing workshop, and newsletters were received from the Ontario HEA.

## 5. Reports:

a. **President** - Shari MacDonald supervised summer student Dave Carragher who was funded through the Post Secondary Job program from the provincial government. Dave worked on the youth manual throughout the summer and attended several meetings and job shadowing opportunities with Shari.

b. **Past President** - Elaine Burrows reported that she was still looking for a member to assume the role of President.

c. **Treasurer** - Nancy Reddin circulated the financial report, showing a balance of \$1936.97 on October 1<sup>st</sup>. Nancy Reddin moved and Heather Henry MacDonald seconded the adoption of the financial report. Motion carried.

d. **Membership**- Nancy Reddin reported that there are 28 paid members.

e. **Program** - Margaret Prouse - See above (HoHoHo Auction).

f. **PEIHETA** - Linda Patton reported on the successful summer course at Holland College for teachers, and referred to her report in the newsletter. Home Economics teachers have received funding for substitutes to allow mentoring to occur. The teachers will be having a workshop on November 9th.

g. **Newsletter** -Bette Young recently completed and circulated the Fall newsletter.

h. **Awards** - Shari reported that Anne MacPhail and she had chosen Lisa S. MacDonald, a final year Nutrition student as the recipient of the Doris M. Anderson Award. Shari also reminded members to apply for the PD awards, if applicable.

i. **Healthy Eating Alliance** - Investors group have sponsored a PEI Rockets game with publicity, a puck drop (fundraising) and free tickets going to the Healthy Eating Alliance on Nov. 9, 2007. Glen Stewart School, with about 700 students started a breakfast program this Fall.

## 6. Old Business

a. **HO HO HO Auction** -see above.

b. **Youth Living Guide** - The Fall 2007 version was distributed. We were not successful in getting funding from the Atlantic Community Fund of CHEF. Jacquie will check with the Student Service Departments of UPEI and Holland College to see if they would be interested in producing the guide for their students.

c. **Summer Student** - The Association may only wish to hire a student next year if there is a specific project to be completed, and the student were to have a great deal of initiative.

d. **Turkey Time Brochure** -The turkey time brochure needs to be re-printed, and the membership felt it was a worthwhile project. Nancy Reddin confirmed that

money remains in the Special Projects Fund. Nancy George agreed to make the changes to the electronic file if she received the correct information. Shari will check details and order an affordable number.

e. **List of Potential Teachers** -Shari reported receiving no response from Maritime universities when she asked for lists of recent graduates qualified to teach home economics. It was suggested the Education Department at UPEI be contacted. Linda Patton noted potential future teacher shortages may be faced within several years. The Home Economics Teachers Association has been concentrating on this area, lobbying for and receiving funding for a mentoring program, and courses at UPEI and Holland College.

## 7. New Business

a. **Gift Policy Revision** -The membership agreed that the gift policy should be revised to include memorial gifts, recognizing former members. The present policy allows for a \$25 memorial donation for deaths of a member, spouse or child. The executive will revise the wording, for adoption by the members.

b. **PD Award** - The executive will also review the PD Award application guidelines to consider providing funding to assist a UPEI student to attend the ACHES Conference.

c. **Parent Health Fair**- The Healthy Eating Alliance offered the Home Economics Association space to set up a display at a Health Fair on Oct 24 th at Colonel Gray Senior High. No one was available to do so.

### d. Other

i. **History Book** - Heather Henry MacDonald reported there are approximately 84 books remaining. They sold \$4132, and currently have \$1771 in the account. They had received some grants from several sources. The book committee will have to decide what to do with expected profit, such as return some to CHEF, to the PEIHEA or to add to the Doris M. Anderson Award fund.

ii. **Silver Tea Service** - The FANS department has given the Association two silver tea services which the department no longer wanted. It was moved by Nancy George and seconded by Gayle Forrester that the association obtain an official receipt of ownership from the department, and that the executive have an appraisal carried out on the silver to determine its value, and then a decision could be made as to what to do with the tea services. Motion carried.

iii. **Make Poverty History** - Jacquie Robichaud reported on her involvement with Oxfam, and circulated postcards for a "Make Poverty History" postcard campaign.

iv. **CHEF** - Nancy Reddin updated members on the current financial situation at CHEF, which has a net worth of \$341,000 and noted there are several funding programs that may be of interest to members.

e. **Nominations** - Nominations and Election of President and Vice President: Nancy Reddin moved and Heather Henry MacDonald seconded that Margaret Prouse be appointed to the position of President until the Annual Meeting in the Spring of 2008. Margaret had previously agreed to this nomination. Motion carried.

8. **Adjournment** - There being no further business , the President declared the meeting adjourned

## Invitation to a Tea Tasting Party

*in celebration of World Home Economics Day  
Thursday, March 20, 2008*

**Please join us for tea  
on World Home Economics Day  
at the home of Irene Davison  
24601 Route 2, Kensington  
1.30-3.30 p.m.**

*Katherine Burnett Murray, a tea expert,  
will offer a variety of teas and a wealth of  
information about the origins, customs and  
pleasures of tea. We'll be using the silver tea services  
recently given to PEIHEA by the UPEI Dept. of Family and  
Nutritional Sciences.*



*RSVP to Margaret, 566-4217 or  
[prouse@pei.sympatico.ca](mailto:prouse@pei.sympatico.ca) by Friday, March 14  
Storm date: March 27*

***Directions: Coming from Charlottetown the Davison home  
is the second house on the left past Provincial Boat and  
Marine.***

## 2006 Census on the Status of the Canadian Family

In September, Statistics Canada (SC) released a new Canadian "family portrait" which examines developments in families, marital status, households and living arrangements in Canada between 2001 and 2006, and how children fit into these evolving family structures. Some findings follow.

### *Rise in common law families*

The census enumerated 6,105,910 married-couple families, an increase of only 3.5% from 2001. In contrast, the number of common-law-couple families surged 18.9% to 1,376,865, while the number of lone-parent families increased 7.8% to 1,414,060. The proportion of common-law-couple families rose from 13.8% to 15.5%, while the share of lone-parent families increased slightly from 15.7% to 15.9%. Among lone-parent families, growth was most rapid for families headed by men.

### *Same-sex married couples counted for the first time*

The number of same-sex couples rose 32.6% between 2001 and 2006, five times the pace of opposite-sex couples (+5.9%). For the first time, the census counted same-sex married couples, reflecting the Canadian legalization of same-sex marriages as of July 2005. Half of all same-sex couples in Canada lived in Montreal, Toronto and Vancouver in 2006.

### *Large increase in one-person households*

Since 2001, there has been a large increase in one-person households. During this time, the number of one-person households increased 11.8%, more than twice as fast as the 5.3% increase for the total population in private households. At the same time, the number of households consisting of couples without children aged 24 years and under increased 11.2% since 2001.

### *More young adults living with their parents*

Over the last 20 years, one of the trends for young adults has been their growing tendency to remain in, or return to, the parental home. This upward trend has continued over the past five years. In 2006, 43.5% of the 4 million young adults aged 20 to 29 lived in the parental home, up from 41.1% in 2001. Twenty years ago, 32.1% of young adults lived with their parents. Among individuals aged 20 to 24, 60.3% were in the parental home in 2006, up from 49.3% in 1986.

For more information, please contact Statistics Canada Media Relations (613-951-4636) Communications and Library Services Division.

## CHEF Press Release October 22, 2007 Trustees Named to the Foundation Board

Winnipeg – Four new members of the Board of Trustees of the Canadian Home Economics Foundation have been confirmed.

Named to the Executive Committee of the Winnipeg-based charity are **Tracey L. Drabyk-Zirk**, PHEc, rural leadership specialist with Manitoba Agriculture, Food and Rural Initiatives in Beausejour, appointed to Communications and Development, and **Nancy I. Schneider**, PHEc, MSc, executive assistant to the Vice-President (Research) at the University of Manitoba, appointed Projects Coordinator.

New regional trustees confirmed are **Murielle D. Gaudet**, MSc, EFI, New Brunswick, assistant professor at l'École des sciences des aliments, de nutrition et d'études familiales, Université de Moncton; and **Ann-Marie Steenge**, BHSc, British Columbia, a retired community home economist formerly from Winnipeg, MB.

They join executive committee members **Donna L. Bulow**, chair; **Marlene D. McDonald**, communications/development; **Eleanor C. Menzies**, donor coordinator; **Jenett N. Richter**, secretary; **Gail E. Watson**, treasurer; and regional trustees **M. Elizabeth Jennaway Eaman**, Québec; **Ruth E. McDonald**, Ontario; **M.J. Isabel Palmeter**, Nova Scotia; **Nancy E. Reddin**, PEI; and **Katherine E. Weisbrod**, Saskatchewan. Two trustee positions, in Alberta and Ontario, are currently vacant.

*The Canadian Home Economics Foundation [www.homeeconomicsfoundation.ca](http://www.homeeconomicsfoundation.ca) is a national registered charity that initiates and sponsors research, education, and public service projects by home economists that raise the level of family living, consumer knowledge and community well-being, as well as supporting post-secondary education related to the home economics profession. It is funded primarily by individual donors from throughout Canada.*

Contact: Donna Bulow, PHEc, BEd (Chair, Board of Trustees, CHEF) [cheaf\\_facef@yahoo.ca](mailto:cheaf_facef@yahoo.ca)

Statistics Canada offers teaching ideas for using statistics in the classroom at [www.statscan.ca/english/kits/courses/family.htm](http://www.statscan.ca/english/kits/courses/family.htm)

## Prince Edward Island Food Security Network

by Margaret Prouse

In 2000, the United Nations Commission on Human Rights passed a motion on the right to food, which included a reaffirmation of “ the right of everyone to have access to safe and nutritious food, consistent with the right to adequate food and the fundamental right of everyone to be free from hunger so as to be able to fully develop and maintain their physical and mental capacities”. There are many definitions of food security, but at the centre of all is that for food security, one must have access to an adequate supply of acceptable food for good health.

By any of the definitions, and for a number of reasons, there are people in Prince Edward Island who lack food security. Several initiatives have taken place in recognition of this. There are the obvious turkey drives, soup kitchens and food banks, which although necessary to fill bellies in the short term, do not address the causes of food insecurity in the long run. Charity is not a reliable way to ensure continuous access to food.

Some initiatives to study food insecurity in PEI has begun. Cooper Institute held a series of Citizen Hearings on Food Issues in three regions of the Island in the early part of this decade. Since 2003, the Working Group for a Livable Income, a coalition of nine groups, has been working to influence attitudes and actions around the advantages of a livable income for all people; the Working Group raises awareness about the lack of food security experienced by people living on less than adequate incomes. In 2005, CHANCES family resource centre secured funding for a workshop to bring together representatives from UPEI, government, food banks, public health nursing and nutritionists to begin work on food security.

Efforts are being made to establish a Food Security Network for Prince Edward Island, an alliance that would work together on food security issues. PEI Healthy Eating Alliance called together representatives from a number of Island organizations who shared concerns to form an Interim Steering Committee in November 2007. The Interim Steering Committee hosted a pre-formation meeting on March 4, with the intention of establishing a Network that will permit organizations and individuals to work together to alleviate and eliminate food security in Prince Edward Island.

## Members' News

Sympathy is extended to *Linda Patton* on the recent death of her father.

Sympathy is also extended to *Pat Coulson* on the recent death of her mother.

Congratulations to *Isabelle Christian* on her appointment as Chair of the Prince Edward Island Advisory Council on the Status of Women.

*Dr. Lori Weeks* (FNS) is a Co-Investigator & Chair of the PEI Research Implementation Team with the Atlantic Seniors Housing Research Alliance (ASHRA). This research group received funding from the Social Sciences & Humanities Research Council of Canada, Community- University Research Alliance. The research will result in policy recommendations that will be used to assist government decision makers, housing developers and community organizations in designing and planning for seniors' housing needs over the next 20 years. *From UPEI Faculty of Science Newsletter*

*PEI Home Economics Teachers Association* is working with the Dept. of Education, Holland College and UPEI in developing a Hospitality and Tourism Course for interested teachers, students and workers in the field. It is planned to be offered in Charlottetown this spring. Dates and details will be available from UPEI or Holland College soon.

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### ***You Don't Buy Membership in an Association...***

*You don't buy a newspaper... you buy news; you don't buy glasses...you buy better vision; you don't buy awnings... you buy shade; you don't buy membership... you buy cooperation of people in the profession with whom you can join hands to do things you cannot do alone.*

*An individual standing alone is small and less powerful; however, a large organization can be seen by everyone and hence is influential. Members gain influence with others through their association with THEA and, in time, the potential to impact on the public image of the Home Economic profession. When the going gets tough, an organization has the power to share and provide resources, new ideas and mentors for support.* *From THEA newsletter, 2006*

**XXI IFHE World Congress**  
*July 26-31, 2008 Lucerne, Switzerland*

***“Home Economics: Reflecting the past - Creating the future”***

The twenty-first Congress will celebrate 100 years of the founding of the International Federation for Home Economics in Fribourg, Switzerland in 1908. It will also deliberate the position of home economics as well as home economics professionals at present and in the future.

The IFHE Congress is a forum for all home economists to share their knowledge, ideas and fields of expertise. Many interesting sessions are planned as well as program committee workshops and a range of social activities and Pre- and Post-Congress tours.

*Full information including registration, travel and hotel information can be accessed from the website, [www.ifhe.org](http://www.ifhe.org).*

**Request for input to the IFHE World Congress**

Dear all:

*The IFHE World Congress is fast approaching and this year is set to be as exciting as ever as more and more young people are becoming involved with the organisation which is harnessing the future and taking Home Economics forward.*

As a representative of the Young Professionals Network (YPN), I would like to appeal to you and your colleagues to become involved in **Linking the Loop** of Home Economists around the world.

After its initiation at the World Congress 2004, this year the YPN has a voice to be heard at the Congress. Many young people are getting involved despite not being able to attend. One way in which we are facilitating this is by presenting an ongoing slideshow of global insights into what Home Economics is and means in the diverse areas of our profession. Via a continuous loop, this presentation will act as a signal to all members and HE professionals attending the Congress that despite the falling numbers in professionals entering our field we are present and we can be heard.

To be included please encourage those young Home Economists around you (both young in age, the profession and in spirit!) to send a single powerpoint slide with a photo, caption (answering the question "What does HE mean to you?"), with your name, country and year of birth to [emmacollins133@hotmail.com](mailto:emmacollins133@hotmail.com). All slides received will be formatted to a standard style when received. Please send PPT attachments – not a PDF.

By doing such your opinions will be read by Home Economists from around the world. Please help us maximize the impact of this initiative.

With kind regards,

*Emma Collins*

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**Canada Summer Jobs Program**

PEIHEA has submitted an application to the Canada Summer Jobs program, for funding to hire a student to develop programming for participants at the Seniors Active Living Centre, in areas relating to the facets of home economics. A possible example is a session about cooking for one.

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**Heritage Consultations**

The IRIS Group is holding public consultations as part of the Island Heritage Study that it is conducting for the province of PEI. Below is an excerpt from the written response that PEIHEA is planning to submit. The executive welcomes input from members on this topic, as soon as possible. Here is part of our draft response:

*What do you consider to be the major gaps or weaknesses in the Island's heritage resources institutions, organizations and programs?*

**PEIHEA:** “. . . a lack of emphasis on family life and heritage from the perspective of women. The PEI Home Economics Association would like to see more emphasis on traditional arts and crafts (quilting, rug making, weaving, home preserving, and sewing). . . ”

*What should PEI be doing to build on its heritage assets and address any existing weaknesses/gap?*

**PEIHEA:** “ Construct a proper storage facility for the items currently being preserved. Engage artisans/experienced to teach/explain or show Islanders and visitors how to do traditional arts and crafts. Could fund a travelling exhibit to attend festivals and events, or schools.”

*What is your vision for a healthy and dynamic future for the heritage in PEI?*

**PEIHEA:** “protected environment for the safe storage of artifacts, accessible, interactive displays.”

To read more visit [www.theIRISGroup.ca](http://www.theIRISGroup.ca)

## The 100-Mile Diet: A Year of Local Eating

Review by Margaret Prouse

*The 100-Mile Diet: A Year of Local Eating*, by Alisa Smith and J.B. MacKinnon (Vintage Canada, Toronto, 2007) is a well-written and fascinating non-fiction book. Though I had heard fragments of information about the 100-Mile Diet before reading the book, I now have a much more thorough understanding of the rationale, process, challenges and benefits of this diet choice.

The authors, a couple who are both Vancouver writers, set out to eat only foods that were grown or caught within one hundred miles of their home, for an entire year. They included ingredients for the foods they ate, and all beverages, but gave themselves a few exceptions, such as permitting themselves to use up ingredients that they had on hand at the beginning of the year, and to bring home ingredients from a hundred-mile radius when they traveled.

Their reasons for the diet were ones that we are becoming increasingly familiar with: concern about the environmental cost of transporting foods which is, on average, 1500 to 3000 miles from farm to plate; the absurdity of importing food that can easily be grown nearby; recognition that there are generally uncounted costs associated with adapting environments to grow produce, such as the costs of irrigating the California desert, and the related costs of damming rivers; and as well, their lack of connection with the source of the foods they ate, the people who produced and harvested them, the seasons, and nature.

They faced many challenges. Before they learned about buying in bulk and directly from producers, they found that the local foods at the grocery store were rare and expensive. Certain foods, such as wheat flour and rice, previous staples in their diet, were difficult to find. They had to learn to change the types of foods they ate, substituting, for example, locally-grown fruits for orange juice. They also found that they, especially Alisa, lacked basic cooking skills that were needed to prepare the whole foods that they were using.

In spite of their doubts, Smith and MacKinnon succeeded, and found the experience of eating locally for a year to be positive. Much to their surprise, they ate a more varied diet than they had in the past. They became aware of a local cuisine. MacKinnon stated: "if Alisa and I had ever had anything like a 'cuisine', it was the one we were inventing three meals a day in our 100-mile kitchen." It came as a revelation to them that there was a large variety of foods of worldwide origin, including Asian vegetables and amaranth from Latin America, grown locally. They also

learned what farmers have always known: that "potatoes" are not just potatoes, or pears just pears; there are many more varieties of individual foods, each with unique characteristics. Another big surprise to them was that there was so much food, such as misshapen vegetables, that was overlooked and left unused, because of an imperfect appearance.

Not only did they hone their cooking skills and learn to grow and preserve foods, but they also took more interest in their meals, and placed more value on food. On reflection, they stated that "people have never eaten so much food, and have never valued it so little."

As I read this book, I wanted to tell the authors that they could have learned much of what they needed to know from a home economist. Interestingly, Alisa's mother was a home economist and dietitian who never taught any of her children to cook.

I highly recommend "The 100-Mile Diet: A Year of Local Eating". It is thought-provoking, and leaves you pondering the ethics of our current food distribution system, and wondering what might work better. It may inspire you to make changes in how you shop or cook, or to do more gardening or preserving.

To read more, visit [www.100milediet.org](http://www.100milediet.org), or read Barbara Kingsolver's account of how her family of four attempted to feed themselves locally for a year in the southern Appalachians, in **Animal, Vegetable, Miracle: A Year of Food Life** (Harper Collins Publisher, New York, 2007)

### Dates to Remember

March 20	<b>World Home Economics Day Tea</b> <i>Irene Davison's, 24601 Route 2 Kensington</i>
April 3	<b>PEI Science Fair</b> <i>UPEI Sports Centre, Charlottetown</i>
May 1	<b>Provincial Historical Heritage Fair</b> <i>Confederation Centre, Charlottetown</i>

Website of interest: [www.peipotato.org](http://www.peipotato.org)

Check out this educational site about potatoes . Many of the recipes on the site were developed by *Shari MacDonald*, past president PEIHEA. Her latest input is **PEI Potato Chocolate Cake**.

## Proposed Changes in PEIHEA Gift Policy and Professional Development Award

The following proposed changes to the Gift Policy and the Professional Development Award will be brought to the membership for a vote at the 2008 AGM. Proposed changes are in italics or strike outs.

### Gift Policy - 1. CARDS

*If the Executive has been informed of any of the following events*, the Secretary will send appropriate cards to Association members:

Birth; special wedding anniversary (25<sup>th</sup>, 50<sup>th</sup>); graduation; extended illness or hospitalization (over 2 weeks); death in immediate family (parents, spouse, child, sibling, and any relative permanently residing with member).

Also, a \$25 donation to the charity of the family's choice will be given in memoriam for a spouse or child.

*In the event of the death of a member (current or former), a memorial donation of \$25 to \$50 will be made to the Canadian Home Economics Foundation or other appropriate cause or organization.*

Notices of these events will be placed in the newsletter.

NOTE: It is everyone's responsibility to notify the Secretary or other Executive members of these events.

### Professional Development ~~AWARD~~

The PEIHEA provides *financial assistance* ~~professional development financial awards for its members to encourage furthering their education.~~

~~Those who have held or presently hold executive positions are given priority. The~~

~~total amount of the Professional Development Award in each year's budget is set at \$500.00. Awards will be granted~~ for the purpose of professional development in the field of Home Economics; e.g. to help towards the payment of tuition, registration fee or travel for a conference, workshop or course, on or off Prince Edward Island. PEIHEA events will not qualify.

Current members who have been a member of the PEIHEA, or the HEA of another province, for three years are eligible. *In addition, students in the FANS department at UPEI who are attending the annual ACHES conference will be eligible to apply. Up to*

*\$500.00, including \$200.00 for ACHES, will be awarded for this purpose in each fiscal year.*

Successful applicants will be required to write about ~~their workshop~~ *the professional development* in the Newsletter or make a presentation at a PEIHEA meeting *before receiving the funding.*

Applications will be received between April 1 and February 28 by the Awards Chairperson. ~~who~~

~~will award the money at the end of the year.~~ Applicants will be notified of their approval or rejection; *however, the amount of funding will not be decided until the end of the fiscal year, or, for students, in the month of the ACHES conference.* The amount of each award will depend on the amount requested and the number of applicants, *and will be decided by an ad hoc committee consisting of the Awards Chairperson, the Treasurer, and one other member of the association.* .

## From the Past

*Submitted by Bette Young*

The 1971 Yearbook, "Sands O'Time", from Montague Regional High School "...is proudly dedicated to Mrs. Estelle Reddin. Mrs. Reddin has taught Home Economics for several years and is now leaving to take up a post on the faculty of U.P.E.I. ...She will be remembered for the pleasant atmosphere of her Home Ec. classes, and for her musical contributions to M.R.H.S. life. This past year, Mrs. Reddin has played a key role in providing a hot lunch canteen for both students and teachers. A great deal of time, effort, and thought on her part has gone into organizing this project. Students of M.R.H.S. will miss her leadership capabilities, and friendliness. To Mrs. Reddin we extend thanks and best wishes for the future."

### PEIHEA Officers & Committee Chairs 2007/08

Interim Preside.....	Margaret Prouse
Past President.....	Shari Macdonald
Vice President.....	vacant
Secretary.....	Katherine Schaefer
Treasurer.....	Nancy Reddin
Program Coordinator.....	Margaret Prouse
Newsletter .....	Bette Young
FANS Representative.....	vacant
PEIHETA Representative.....	Linda Patton
Archives.....	Heather Henry MacDonald
Awards.....	Anne MacPhail

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